Tailgate Time!!

The SIU Salukis are off to a great start!

Make plans to join us for a Homecoming tailgate, Saturday, Oct. 25 as the Dawgs take on Indiana State.

Free food and Pepsi products.

Families welcome.

4 p.m. Tailgate begins

6 p.m. Game time

Sponsored by: SIU’s Non-Traditional Student Services and Veterans Services

CONTACT US
Non-Traditional Student Services
Student Services Building Room 484
Southern Illinois University
1263 Lincoln Drive
Carbondale, Illinois 62901

Phone: 618/453-7521
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Facebook: SIU Non-Traditional Student Services

THIS ISSUE
Oct. 25 Tailgate

A Note from NTSS

Student Highlight
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Junior Salukis

SAFE.SIU.EDU
Healthy Relationships Part 1

Events & Academic Calendar

Make a Difference Day

Monthly Contest
Enter to WIN!
Fall is a beautiful time in Southern Illinois. The changing leaves paint a colorful landscape all across campus. Fall is also a great time for SALUKI FOOTBALL!!!

If you have not been to a game this season, there is still time. The Salukis have three more home games coming up:

**Saturday, Oct. 4**
SIU vs. South Dakota, 6 p.m.

**Saturday, Oct. 25**
SIU vs. Indiana State, 6 p.m.  HOMECOMING
*4 p.m. tailgate, sponsored by Non-Traditional Student Services and Veterans Services

**Saturday, Nov. 15**
SIU vs. Northern Iowa, 2 p.m.

This year, all home night games also feature amazing post-game fireworks!!

In addition to the Oct. 25 tailgate, we’re also considering a chili-cook off for the Nov. 15 game. Are you interested? Do you have a winning chili recipe? If so, let us know at nontrad@siu.edu.

We hope your semester is going well! Enjoy your well-deserved fall break coming up Oct. 11-14!

Deborah Barnett
Coordinator, Non-Traditional Student Services

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**STUDENT HIGHLIGHTS**

We continue our ‘family affair’ series highlighting students attending SIU at the same time as a spouse or child.

This month we introduce you to the **Rudd family**.

First-year law student Clint Rudd is no stranger to SIU. He enrolled as a freshman just out of high school in 1994. He chose to leave school his junior year to take care of his family during and after his father’s illness. Then, he met Tabitha, and a few months later they were engaged to be married. Before they knew it, the couple had three children, twins Harley and Hannah and their youngest son Hunter. All the while, they worked side by side in their own business.

Rudd finished his bachelor’s degree nearly 17 years later, adding this educational accomplishment to nine years of experience as a business owner and nearly 15 years of military service, including time in Iraq. He said his time in the military opened the door for him to finish his degree as he was one of just 10 chosen for the National Guard Service Academy pilot program. He is now pursuing a master’s degree to continue to advance both academically and in his military career.

When choosing an advanced degree program, Rudd remembered his time at SIU and all that he loved about the university and the region -- the Shawnee Forest, Garden of the Gods, Little Grand Canyon and Giant City State Park. He envisioned hiking, visiting and enjoying those great places and others with his family.

Tabitha not only supported her husband’s decision to move to Southern Illinois to attend SIU but she also followed his lead and enrolled in school herself. Tabitha recalls her struggles going from a high school dropout to earning her GED to supporting her family as a single parent. Clint convinced her to enroll in college. Her children gave her an extra boost of courage telling her, “Yes, Mom, you can do it. Get in there!”

To read more of Clint and Tabitha’s story, including how they converted their dining room table into their family study area, visit nontrad.siu.edu.
DID YOU KNOW?

The SIU Health Center offers dental services. As an enrolled SIU student, your Student Health Fee provides you access to receive emergency care, diagnostic X-rays and exams for a $6 Front Door Fee per visit. The dental staff also provides routine care, including cleaning and restoration, on a fee-for-service basis.

In addition, SIU offers SIU Community Dental, a grant-funded program for medical card patients and it has now been extended to self-pay patients who have no dental insurance. The program is at the Applied Sciences and Arts building, 1365 Douglas Drive. For details, call 618/453-2353.

Parking solutions...

Did you know that students ride the SALUKI EXPRESS free with a valid student ID? This system offers seven weekday routes and three weekend routes with stops that are sure to be close to the location you need. There are even bus routes during breaks to serve those who remain on campus.

Taking advantage of this free transportation could not be easier. Simply go online to siuc.transloc.com to track the buses in real time, or access the routes with the SIU Mobile Dawg app. If you have a spouse or children, discount rates are available for them, too! Visit the Student Center website for details.

Do you have children? They can become Junior Salukis!

Right now, any child younger than the eighth grade can get a complimentary membership to the Junior Saluki Program, courtesy of Saluki Athletics! Bring your family ID card application with appropriate documentation to the Non-Traditional Student Services office (Student Services Building, Room 484) to receive your family ID card and Junior Salukis membership. Cards must be renewed each semester in order for children to remain eligible for the program.

Healthy relationships are based on respect. If you are in a relationship where you feel unsafe, disrespected, or pressured into things, find support and get out.

WHERE TO FIND RESOURCES AND SUPPORT...

DEPARTMENT OF PUBLIC SAFETY - SIU POLICE
618/453-DPS1 (3771) or dps.siu.edu

DEAN OF STUDENTS
618/453-2461 or dos.siu.edu

STUDENT RIGHTS AND RESPONSIBILITIES
618/536-2338 or srr.siu.edu

NIGHT SAFETY TRANSIT
618/453-2461 or dos.siu.edu/night-safety-transit.html

SALUKI CARES
618/453-1492 or salukicares.siu.edu

STUDENT HEALTH SERVICES
618/453-3311 or shc.siu.edu

WOMENS CENTER
618/549-4807 or 800/334-2094 (24-hour hotline)

Coming in November:
Healthy Relationships Part 2
safe.siu.edu
OCTOBER

1-30 Project Green Challenge, campuses around the world
1 Composing yourself: resumes, cover letters and recommendations, 5:30 p.m., Student Center, Delta Room, fourth floor.
2 Sisterhood and Wellness against Anxiety and Grief, 5:30 p.m., Student Center, Illinois Room
3 Third Annual School of Music Concert, in honor of Hispanic Heritage Month, 5 p.m., Old Baptist Foundation Recital Hall
4 “Curtains”, 7:30 p.m., McLeod Theater
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5 SIU vs. South Dakota 6 p.m., Saluki Stadium,
6 “Kicking Sallie Mae Out of the Door”, 6 p.m., Grinnell Hall, upper level
7 Hispanic Heritage Keynote Speaker: Dolores Huerta, 6 p.m., Shryock Auditorium
   University Career Fair, 10 a.m.- 2 p.m., Student Center Ballrooms (student ID and professional attire required)
8 “Happiness: Mind, Body and Spirit”, 5:30 p.m., Student Center, Delta Room, fourth floor.
9 “Beauty Shop Talk on Hair and Skin Care”, 5:30 p.m., Student Center, Illinois Room
10 “PRISM: We Shall Overcome” (Wind Ensemble/Concert Choir), 7:30 p.m., Shryock Auditorium
11-14 Fall Break
15 “Trust and Intimacy”, 5:30 p.m., Student Center, Delta Room, fourth floor.
17 “Friday Fun Night at the Rec”, 5 p.m., Student Recreation Center, upper level, Studio 7
22 “Ask Anything: Open Discussion”, 5:30 p.m., Student Center, Delta Room, fourth floor.
24 “Dr. Jekell and Mr. Hyde”, 7:30 p.m., C.H. Moe Theater (additional showings on Oct. 25 and 26)
25 SIU vs. Indiana State 6 p.m., Saluki Stadium
31 Last day to submit LATE graduation application

Click here for Graduate Student Workshops

Women’s W.E.L.L. Workshop series (sponsored by SIU’s Women’s Resource Center). The Women’s Resource Center also offers FREE yoga classes each Wednesday, 4:30-5:30 p.m., Student Center, Delta Room, fourth floor.

Want to make a difference in our community?

Join us for Saluki Tailgate and Service on Oct. 25 in honor of “Make a Difference Day”.

SIU’s Veteran Services and Non-Traditional Student Services are coming together to fire up the grill and offer an afternoon of tailgating before the Dawgs take on Indiana State. Since Oct. 25 also marks “Make a Difference Day”, supplies will be available to make a card or send a note to our local veterans for Veterans Day.

And remember, families are always welcome and $5 football tickets are available for the spouse/domestic partners or children of SIU students (Of course, students receive a complimentary ticket with a valid student ID).

Monthly Contest

Congratulations to Dianna Balan who correctly identified the September newsletter photo as SIU’s Morris Library. On the library’s newly opened sixth and seventh floors, you will find math labs, collaborative spaces, Learning Support Services, the Testing Lab and more! While you are there, don’t forget to check out the Writing Center or the family-friendly study room on the third floor.

Do you already make a difference by volunteering on in your community? If so, drop us an email at nontrad@siu.edu to let us know a place you have volunteered in the community and what you did there. If you do, you will be entered into a drawing for a Kroger gift card, the perfect way to purchase items for a fall potluck or gas for holiday travel.
If you are an SIU student who has children, this is a great opportunity to have a few hours to yourself or to spend with friends while your children have a great time at the REC with their friends on a Friday night!

This program offers a wide variety of kid-friendly activities while SIU student parents get a few hours to study, take a break, exercise, or just have adult conversation!

Price: $2 per child / $5 max per family (ages 3 and up)

Sponsored by SIU Student Recreation Center, Non-Traditional Student Services, and Student Support Services.

rec.center@siu.edu or ntr@sium.edu
816/463-2268

Find what’s happening on campus at siu.edu/events
OUR GOAL IS TO HELP YOU REACH YOURS!

OCTOBER IS LGBTQ HISTORY MONTH

MINUTES TO FAB
Beauty Shop Talk on Hair and Skin Care
October 9, 2014
5:30-7:00 p.m.
Student Center Illinois Room
Facilitated by Latanya Penn, Licensed JCP Master Stylist

Sisterhood and Wellness against Anxiety and Grief
Come and get your SWAG on!
6:30–7:00 p.m., Oct. 2
Student Center Illinois Room
Facilitated by Dr. Abby Sobotka, counseling psychologist

Come one, Come all to The 1st Annual Sustainival
Wednesday October 22, 2014
Student Center
"Revolution for Evolution"

SIU Sustainability Office, in collaboration with the Women’s Resource Center, SPC and University Housing, is proud to announce a day of fun-filled, exciting educational activities to encourage and celebrate National Sustainability Day.

FUN! FUN! FUN!

11-1: Carnival style with Music, Food, Games, Prizes and fun activities and vendors of sustainable practical products.
   - Student Center - South End, indoors and outdoors
2-3: Fun Film showing, highlighting Sustainability
   - Student Center- Auditorium
3-4: Charismatic speakers sharing information on easy and affordable sustainability practices that can be successfully adopted into everyday life.
   - 3-D Award Presentation to 2014 Green Fund award winners
     - Student Center- Upstairs, Old Main
4:30-5:30: We’re setting a record- the most students performing yoga in a class on a college campus.
   - upper level of Student Center, Old Main room- Record setting Yoga Challenge

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