This Month We CELEBRATE YOU!

2014 NATIONAL ADULT STUDENT RECOGNITION WEEK

Monday, Nov. 3
MORNING COFFEE BREAK
8:30 a.m.
NATIONAL ADULT STUDENT RECOGNITION WEEK BREAKFAST 408
Great way to kick off the week with a bite for coffee and pastries served to all!

KICKOFF TO NATIONAL ADULT STUDENT RECOGNITION WEEK
7 – 8 a.m.
Student Services Building, Room 100
Announcement of the week by the Director of Non-Traditional Student Services.

Tuesday, Nov. 4
PARENTS STUDENTS RECOGNITION DAY
Celebrating parents and students for the adult student population at Wesselman Hall, Child Development Laboratory.
Entertainment and Family Fun and a Host of Classes

Child Development Lab Field Trip for Preschool Program Screening
10 – 10:30 a.m.
Child Development Lab

Fall Open House
4:30 – 7:30 p.m.
Families/Child Development Center
Learners at ages 3 to 10 are invited to play and interact.

Graduate and Family Planning in Other School Programs
5 – 6 p.m.
Student Services Building

Movie Library Family-Friendly Movie Night Piano Drawing
Monday, Nov. 3 - Friday, Nov. 7
See Library website for information and rules of the game.

Wednesday, Nov. 5
STUDENT VETERANS RECOGNITION DAY
Celebrating Vets with a special reception and celebration in the SIU Center.
Veterans Services Office Hours and Veteran Lounge Grand Opening
11 a.m. – 1 p.m.
Veterans Center, Room 411

Thursday, Nov. 6
RETURNING ADULT AND COMMUTER APPRECIATION DAY
Join us to thank you for the contribution you make to the SITRAC system.

Celebrating DIVERSITY DAY
3 – 5 p.m.
Cultural Fair, Artwork Stations, Multicultural Areas, A celebration of the diversity we are a part of and the diversity we create.

Click on image for details!
A NOTE FROM NTSS

The first week of November marks National Adult Student Recognition Week! This year, we start with a kickoff celebration on Monday, Nov. 3 and then designate each day of the week to specific populations: parenting students; veteran and military students; returning adults and commuter students; and graduate students.

Please mark your calendar and join us for the kickoff celebration on Monday, Nov. 3, 3-4 p.m., Student Services Building, room 150. Bring a friend!

As the recognition week begins and we continue our family affair student highlight series, I want to be sure to recognize our family at Non-Traditional Student Services. The NTSS team includes four undergraduate students who work diligently to meet student’s needs. Thank you to Marlene Mezo, Savannah Krieg, Teresa Coleman, and Latoya Manuel. You are appreciated!

Each month, I’ll share a little about each of these amazing students. This month, I start with Marlene Mezo. Marlene, a junior studying social work, is responsible for identifying resources to help our students. She keeps the Complete Resource Guide current and also keeps the family-friendly study room in good order. Marlene loves helping people and always looks for ways to get involved on campus. In October, it was Marlene’s idea for the NTSS office to support Breast Cancer Awareness month at the Human Pink Ribbon Photo and the Pink Ribbon Bowl. On Oct. 24, she shared her story at the Take Back the Night event for Domestic Violence Awareness Month.

We are so proud of Marlene and are thankful to have her on the NTSS team!

Deborah, Coordinator, NTSS

STUDENT HIGHLIGHTS

We continue our ‘family affair’ series highlighting students attending SIU at the same time as a spouse or child.

This month we introduce you to the Shankle family.

Unlike many of our student highlights, this is the Shankle family’s first time here at SIU. They chose SIU primarily for the location, they moved here from St. Louis, MO to be closer to family members as their son Maxwell grows up. Samantha previously earned a bachelor’s degree in history but returned to school to study dental hygiene. She is currently in the process of completing her prerequisites. When Jonathan decided to go back to school, he started a John A Logan College to help him get back into the swing of things. Now that he is at SIU, he plans to major in engineering once and hopes to be accepted into the program this upcoming semester.

For them, balancing school and their other responsibilities have been very challenging thus far in the semester. It was over a month into the semester before they were able to secure childcare for their 15-month-old son and Jonathan said, “It’s hard, it’s hard when you have (your baby) wanting your computer, your attention, your books, your pens.” Additionally on the subject of balancing responsibilities Samantha added “Every time I see a single mom, who is a full time student, and full time worker, I am like you’re bomb diggity! Because I am having a rough time and I can’t imagine how they do it.”

For the rest of the Shankle’s story including how they make time for ‘date nights’ and what advice they give to other students struggling to balance school, family, and finances, visit the Student Highlights page at nontrad.siu.edu.

If you’re a busy, parenting student like Jonathan and Samantha Shankle, take advantage of the monthly, Friday Fun Night at the Rec. It is a way for students with children to have a couple hours to themselves or with friends while their children have a great time at the Student Recreation Center. The program offers a variety of kid-friendly activities followed by a snack. The price is $2 per child or $5 per family. This event is for children ages 3 and up. (see flyer on page 6).
BE A PART OF THE SALUKI VOLUNTEER CORPS!

What is Saluki Volunteer Corps (SVC)?
Student Life’s SVC is an educational program developed to encourage students to participate in at least 30 hours of volunteer service each academic year.

Students who complete 30 or more hours of service in one academic year, receive a notation (NOT credit) reflecting this involvement on their official transcript. In addition, students who complete 30 hours of environmental-related volunteerism are eligible to receive the SIU Environmental Ambassador Award.

Visit cslv.siu.edu for details.

WE NEED YOU!
WE'RE LOOKING FOR 30 NON-TRADITIONAL STUDENTS TO COMMIT TO 30 HOURS OF COMMUNITY SERVICE THIS ACADEMIC YEAR!
IF YOU WANT TO BE ONE OF THE 30, LET US KNOW AT NONTRAD.SIU.EDU

STUDENT VOLUNTEER TESTIMONIAL:
Leslie Murray, a junior studying philosophy, recently helped out Habitat for Humanity by blowing insulation into the attic of their latest project right here in Carbondale. Leslie commented, “They have a great cause and I am always happy to help them out. I recommend that others do the same.”

This month’s theme:
Healthy Relationships Part 2

A healthy relationship shouldn’t include coercion or pressure. If you see someone being pressured to do something they aren’t comfortable with, even in a relationship, Step UP!

Coming in December:
Healthy Relationships Part 3

safe.siu.edu

SAFE.SIU.EDU

Southern Illinois University is committed to a safe, healthy, and supportive environment. By now, many of you have participated in training to help identify and protect yourself and others from potentially unsafe situations. If you have not participated in the Salukis Step UP! series or HAVEN training, we encourage you to visit safe.siu.edu for upcoming dates and online training.

As part of the training, 10 key themes are emphasized. Each month, this section of the newsletter will be dedicated to providing information and resources related to a key theme.

DID YOU KNOW?
The Center for Service-Learning & Volunteerism (CSLV) has an entire section of their website dedicated to different volunteer opportunities around the area that you can find with ease. (click on Volunteer Opportunities below)

Volunteer Opportunities
Many of you already make volunteerism and community service part of your everyday life and values. Did you know that SIU’s Center for Service Learning and Volunteerism can help you connect with community partners in the southern Illinois region? If you already volunteer or are interested in serving southern Illinois or in your community, contact Amber at CSLV at amber.gregory@siu.edu, call 453-7520, or stop by their office (Student Services Building, rm. 491).
Mark Your Calendar

EVENTS & ACADEMIC CALENDAR

NATIONAL ADULT STUDENT RECOGNITION WEEK
First week of November

Celebrating SIU’s returning adults, veterans, parenting students and commuters

NOVEMBER

3-7 National Adult Student Recognition Week (details at nontrad.siu.edu)
4 Women’s Self Defense, 7 p.m., Recreation Center, room 158 (additional classes on Nov. 5, 6, and 7)
   *Offered by the SIU Department of Public Safety
4 Election Day
5 **“Dealing With Difficult People”, 5:30 p.m., Student Center, Delta Room, 4th Floor
   LOGIC Farm Stand, 12:00 p.m., Faner Breezeway (also available Nov. 12 and 19)
   Write-In Workshop, 4 p.m., Morris Library Second Floor Room 261,
7 LOGIC Drop In Volunteer Day! 2 p.m., Local Organic Gardening Initiative of Carbondale Garden (each Friday in November)
8 Men’s Basketball, 3:05 p.m., SIU Arena
9 Disney Junior Live On Tour!, Pirate & Princess Adventure, 1 p.m. or 4 p.m., SIU Arena
11 Veteran’s Day
12 **“Smart Money”, 5:30 pm., Student Center Delta Room, 4th Floor
13 Graduate Student Workshop: Managing Citations using EndNote, 3:30 – 5 p.m., Morris Library, rm 752/754
13-15 Toil and Rubble: Media in Ruins, 8:00 p.m., Marion Kleinau Theatre, Communications Building, 2nd floor
15 Saluki Football, 2 p.m., Saluki Stadium
   *Pre-Game Tailgate/Chili Cookoff for non-traditional and veteran students.
19 **“The Power of Gratitude”, 5:30pm, Student Center, Delta Room 4th Floor,
   Write-In Workshop, 4 p.m., Morris Library Second Floor Room 261
20-23 Clybourne Park, 7:30 p.m., McLeod Theater
24 Open-Campus Sexual Harassment Training 3:30 p.m, Guyon Auditorium, Morris Library (additional sessions on Nov. 25 and 26)
26-30 Thanksgiving Break
29 Men’s Basketball, 3:05 p.m., SIU Arena

*Women’s W.E.L.L. Workshop series (sponsored by SIU’s Women’s Resource Center). FREE yoga classes each Wednesday, 4:30-5:30 p.m., Student Center, Delta Room, fourth floor.

CALLING ALL DECEMBER 2014 GRADUATES!

Congratulations to Leslie Murray on winning October’s contest. We were looking for ways SIU’s nontraditional students volunteer in their community. See Leslie’s testimonial on page 3 of this newsletter.

For November we are CALLING ALL FALL GRADUATES! If you are graduating in December, CONGRATULATIONS! We want to recognize you. If you’re on campus, stop by our office by November 15th to be recognized on our graduate board and to enter this month’s contest for a University Bookstore gift card. If you’re off-campus or can’t make it to the office, you can still enter to win. Simply email nontrad@siu.edu (RE: Fall Grad) and we’ll send you instructions about how you can be added to our grad board and contest drawing.

NOTE: This newsletter is designed to be electronic. If you received a copy in print form and need access to links, visit nontrad.siu.edu and click on Staying Connected.
2014 NOV. 3-7
NATIONAL ADULT STUDENT RECOGNITION WEEK

Monday, Nov. 3
MONDAY MORNING COFFEE BREAK
9 – 10 a.m. Non-Traditional Student Services, Student Services Building, Room 404
Get your week off to a great start with a hot cup of coffee or warm cocoa, and learn about resources available through SIU’s office of Non-Traditional Student Services.

KICKOFF TO NATIONAL ADULT STUDENT RECOGNITION WEEK
3 – 4 p.m. Student Services Building, Room 150
Join us to celebrate as we proclaim the first week of November as Adult Student Recognition Week at SIU! Refreshments served. Information available from Career Services, Extended Campus, Non-Traditional Student Services, Veterans Services and the Graduate School.

Tuesday, Nov. 4
PARENTING STUDENTS RECOGNITION DAY
Celebrating campus services for SIU students with children at Rainbow's End, Child Development Laboratory, Graduate and Family Housing and Morris Library.

Child Development Lab Field Trip for PBS KIDS Program Screening
3 – 4 p.m. Morris Library
This program is presented by WSIU Public Broadcasting.

Fall Open House
4:30 – 5:30 p.m. Rainbow's End Child Development Center
Celebrating 30 years in the center’s South State Street facility!

Graduate and Family Housing’s After-School Program
5 – 6 p.m. Evergreen Terrace Community Room
Parent and child activities.

Morris Library’s Family-Friendly Study Room Prize Drawing
Morris Library, Room 3200
Visit the family-friendly study room any time during Nov. 3 - 7 to sign up for family-friendly prizes.

Wednesday, Nov. 5
STUDENT VETERANS RECOGNITION DAY
Honoring SIU’s veteran and military students and the contribution they make to the SIU campus.

Veterans Services Open House and Veteran Lounge Grand Opening
11 a.m. – 1 p.m. Woody Hall, Room B202
Refreshments served.

Thursday, Nov. 6
RETURNING ADULT AND COMMUTER APPRECIATION DAY
Commuters, grab an early morning snack and get some commuter tips on the way to class. Recognizing SIU’s growing population of returning adults and commuter students.

Grab and Go Snack Stations
8 – 9:30 a.m. Student Center, main entrance and Rehn Hall, east side

Friday, Nov. 7
CELEBRATING DIVERSITY DAY
3 – 5 p.m. Center for International Education, Northwest Annex B
In recognition of SIU’s international and graduate students, SIU’s Veteran and Nontraditional Student Advisory Team is sponsoring the Center for International Education’s Coffee Hour. It’s a coffee hour, but we’re serving chill. Perfect for a cool November day. Everyone welcome!

For more information, visit nontrad.siu.edu

National Adult Student Recognition Week coordinated by SIU’s Veteran and Nontraditional Student Advisory Team.
In collaboration with Career Services, Child Development Laboratory, Center for International Education, Extended Campus, Graduate and Family Housing, Graduate School, Morris Library, Non-Traditional Student Services, Rainbow’s End/Child Development Center, Veterans Services and WSIU Public Broadcasting.

SIU CAMPAIGN
Southern Illinois University
Friday Fun Night at the REC

Student Recreation Center – Upper Level Studio 7
Sept. 19 • Oct. 17 • Nov. 21
5 – 7 p.m.

If you are an SIU student who has children, this is a great opportunity to have a few hours to yourself or to spend with friends while your children have a great time at the Rec with their friends on a Friday night!

This program offers a wide variety of kid-friendly activities while SIU student-parents get a few hours to study, take a break, exercise, or just have adult conversation!

Price: $2 per child / $5 max per family (ages 3 and up)

Sponsored by SIU Student Recreation Center, Non-Traditional Student Services, and Student Support Services.

Find what’s happening on campus at siu.edu/events