

RESOURCE GUIDE

Non-Traditional Student Services



MISSION: Non-Traditional Student Services (NTSS) serves SIU Carbondale's adult student population through **guidance, support, and resource referral** to enhance educational experiences from the point of entry to degree completion. NTSS also seeks to foster a **sense of belonging** among adult students by building community through scholarship, service, and support.

Student Services Building, Room 484 Mail Code 4308
Southern Illinois University 1263 Lincoln Drive Carbondale, Illinois 62901
Website: nontrad.siu.edu Email: nontrad@siu.edu Phone: 618/453-7521

SIU
Southern
Illinois
University
CARBONDALE

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NON-TRADITIONAL STUDENT SERVICES

At Southern Illinois University Carbondale, we value our students and strive to offer support that will assist our students as they progress toward degree completion! For our Non-Traditional student population, the office of Non-Traditional Student Services is available to assist current or perspective SIU students who might have one or more of the following characteristics: financially independent, delayed entrance into college, returning to college, a veteran, married/widowed/divorced, a parent, working full-time, attending part-time, commuting to campus, transfer students, etc. Both undergraduate and graduate students are encouraged to utilize the services provided through this office in collaboration with multiple campus resources.

In collaboration with other university programs, Non-Traditional Student Services offers educational workshops, tailored to the needs of our Non-Traditional students/student parents. Workshops cover topics such as parenting, stress management, health and nutrition, time management and relationships. All educational workshops and family events are free of charge. SIU Carbondale's Morris Library also provides a *Family Study Room* which allows students to study while their children play in a family-friendly library study room, and a new *Lactation Room*. Our *Family ID Card* offers discounts for the Student Recreation Center, Saluki Express, athletic events, and more. At SIU, we are committed to helping the entire family feel a part of the SALUKI family!

Welcome to SIU Carbondale!

Please let us know how we can support you as you move toward your educational goals.

CHECKLIST FOR ADMISSION/TRANSITION

Southern Illinois University Carbondale Transitions Checklist

CONGRATULATIONS on your decision to further your education!!

Here is where our **SUPPORT** begins.

This checklist was designed to assist you with a smooth transition to SIU Carbondale. For additional information, visit nontrad.siu.edu for our *Frequently Asked Questions* section and to locate our *Complete Resource Guide*. Please contact us if you need additional assistance...

We are happy to help!

1. Contact Admissions: We'll get back to you in no time with answers, clarifications, and pointers.

- ☐ Website: admissions.siu.edu OR
- ☐ Phone: 618/536-4405 OR
- ☐ Email: joinsiu@siu.edu

2. Apply to SIU: It's easy to apply online.

- ☐ Go to admissions.siu.edu
- ☐ Click on Apply Now

3. Complete a FAFSA (Free Application for Federal Student Aid)

- ☐ It's FREE and it opens up all of your college financing options. Go to fafsa.ed.gov
- ☐ Respond immediately to any requests for information from SIU's Financial Aid Office

4. Once Admitted: Registration, Student ID, Parking Permit

- ☐ Meet with academic advisor/register for classes.
- ☐ Obtain Student ID, Student Center, 2nd floor (must be registered for classes to obtain Student ID).
- ☐ Obtain Parking Permit online at parking.siu.edu.

5. Housing, Textbooks, Childcare, etc.

***Apply for Housing:** It's easy to apply online. **Housing available for singles and families.*

- ☐ Go to housing.siu.edu OR call 618/453-2301

***Textbooks:** For details and options visit nontrad.siu.edu and click on *Frequently Asked Questions*.

***Childcare and Other Resources**

- ☐ Visit nontrad.siu.edu and locate the childcare section in the Complete Resource Guide (click on Finding Resources tab). Contacting at least three daycare providers is recommended as waiting lists are common. For this reason, planning ahead is important. For financial assistance with childcare, contact Child Care Resource & Referral (CCR&R) at 618/985-5975 or <http://www.jalc.edu/ccrr/>
- ☐ If you have school-age children, be sure to start the contact local school districts for details.
- ☐ Secure other resources: WIC 618-684-3143 LINK & Medical Card 618-687-1705

Non-Traditional Student Services * Website: nontrad.siu.edu * Email: dbarnett@siu.edu * Phone: 618/453-7521

FAMILY IDENTIFICATION CARD

FAMILY IDENTIFICATION CARD APPLICATION



The **Family Identification Card** provides opportunities for the spouse/domestic partner and children of enrolled students to participate in designated campus programs and activities, including library privileges and student discounts. **To obtain a Family Identification Card, enrolled students must bring valid student ID and appropriate documentation as listed below to the office of Non-Traditional Student Services (Student Services Building, Rm. 484).** Appropriate documentation for spouse/domestic partner can include any of the following: marriage license/domestic partnership agreement; joint mortgage or lease; joint checking account; joint credit account; joint ownership of vehicle; etc. Documentation for children: birth certificate (copies accepted.)

In addition, cards must be renewed each semester to maintain eligibility for the program. Contact (618) 453-7521 for details.

Family Benefits

Morris Library: Offers a **free loan courtesy card**. Student must accompany spouse/domestic partner to obtain the courtesy card. A valid photo id and the Family Identification Card will be required. Loan Courtesy cards must be renewed each semester.

Saluki Express: Students may purchase a **pass for their family member for a discounted rate**. Pass must be renewed each semester. Student must accompany family member to the Central Ticket Office on the second floor of the Student Center to purchase a pass. Valid photo ID will be required and Family Identification Card from our office must be presented at time of purchase to receive.

Student Recreation Center: Students may purchase a **spouse/partner membership at a reduced rate** from the Student Recreation Center's administrative office (visit reccenter.siu.edu for membership details). Students with children may purchase a **membership for ALL of their children for only \$15 each semester**.

SIU Student Health Services: An SIU student may enroll his/her eligible dependents in the SIU Student Health Insurance plan. For details and eligibility requirements, visit shc.siu.edu and select Insurance.

SIU Athletics: Students may purchase **general admission athletic event tickets** for members listed on Family Identification Card for **just \$5 per ticket** (present Family Identification Card and valid Student ID at Athletics ticket office). Children listed on card are also eligible for a **complimentary Junior Salukis membership**. <http://www.siusalukis.com/fanzone/siu-juniorsalukis.html>

Wesley Foundation Food Pantry: The Wesley Foundation food pantry on campus provides food to students in need. A student's spouse/partner may pick up food for the family when presenting the Family ID card. One visit per month, per family please.

Check One: ☐ Fall ☐ Spring ☐ Summer Year _____

Student's Name: _____
Last First M.I.

Dawg Tag#: _____ E-mail: _____

Class: (check one) ☐ Freshman ☐ Sophomore ☐ Junior ☐ Senior ☐ Graduate

Spouse/Partner's Name: _____
Last First M.I.

Home Address: _____ Student Phone: _____

Children's Name/Age: _____

Student's Signature Date

For Office Use Only

Revised 8/20/15 DB

Date Approved: _____ Approved by: _____ Expiration date: _____

Renewed for: FA15 SP16 SU16 FA16 SP17 SU17 FA17

ACADEMIC AND OTHER CAMPUS SERVICES

Achieve Program

<http://achieve.siu.edu/>

(618) 453-6155

Do you struggle with learning difficulties or organizational skills? Are you interested in earning a college degree? Are you worried about finding the right kind of academic support in college that you need? We believe that every student has his or her own special strengths and weaknesses; our services are designed to meet your individual needs. Our one-on-one approach ensures that every one of our students receives the best support possible to maximize the potential for success every semester. We serve students with ADD, ADHD, Dyslexia, Asperger's Syndrome, Processing Disorders, and many other learning difficulties.

Bowling and Billiards

<http://studentcenter.siu.edu/>

First floor of the Student Center

(618) 453-2803

Bowling and Billiards is a Bowling alley that is located in the student center. They offer discounted bowling games for students, and even have a back area with pool tables.

Career Development and Resource Clinic (CDRC)

1125 Lincoln Drive

Life Science II, Suite 217

(618) 453-3568

Hours vary by semester

E-mail: careers@siu.edu

CDRC is a free service that is offered in the life science building from the psychology department for all current and prospective students. They provide individual career counseling by assessments and private meetings. An advisor will be appointed to you and typically will typically meet with you once a week.

Career Development Center

<http://careerdevelopment.siu.edu/>

(618) 453-2391

Career Services is located in Student Services Building, room 179, and helps students with the job search process, building a resume, and finding internships. They also offer workshops and help students practice interviewing techniques. One on one counseling.

Center for Learning Support Services

Morris Library 7th Floor

(618)453-1369

The Center for Learning Support Services provides tutoring for primarily 100 and 200 level, core curriculum courses during the fall and spring semesters. The Center is not open during the summer.

Center for Service-Learning and Volunteerism (CSLV)

(618) 453-7520

service.learning@siu.edu

Student Services Building, Room 495

The thing about the community service is that while the recipient appreciates your service, your volunteering allows you to propel your future forward through a number of benefits, including: Exploring your academic major and/or new careers, connecting classroom learning to hands-on situations, gaining leadership skills and enhance your resume, receiving a transcript notation for volunteering, getting to know and connect to the community and meeting other students with similar interests.

Clinical Center

Wham Building, Room 141

625 Wham Drive

(618) 453-2361

<http://clinicalcenter.siu.edu/cccms>

The SIUC clinical center serves as a training and research site for various campus departments that train professionals for work in psychological, educational, rehabilitation and health care services. In that training and research capacity, we provide a range of services designed to improve the lives of the individuals we serve. The Clinical Center provides an Anxiety/Mood Disorder Clinic, Family/Couples Clinic, Child Therapy and specialized Speech, learning disabilities and ADHD testing, Language and Hearing Clinic.

Community Dental Clinic

<http://sah.siu.edu/>

College of Applied Science and Arts

1365 Douglas Drive

(618) 453-2353

The Community Dental Clinic is located within the dental hygiene clinic. Any resident of Southern Illinois who is currently a Medicaid recipient, or low income resident who earns less than 200% of the federal poverty level and doesn't have dental insurance is eligible to receive service. These services are provided by SIUC dental hygiene students as well as faculty dentists. Patients must have an appointment. Appointments may be made by calling the number above.

Debit Dawg

Your debit dawg is your student ID. With your SIU Debit Dawg Account you don't have to worry about carrying cash around on campus. As long as you have money in your account, you'll enjoy convenient purchasing power without carrying cash at many locations on and off campus. Deposits may be made in person at the Business office located on the 2nd floor of the student center.

Department of Public Safety

1175 S. Washington St.

Trueblood Hall

(618)435-3771

webmaster@dps.siu.edu

The SIU Department of Public Safety is responsible for policing on and around campus, overseeing parking, and providing public safety information to students, faculty, and staff.

Disability Support Services

(618) 453-5738

TTY: 618-453-2293

Email: DSSsiu@siu.edu

<http://disabilityservices.siu.edu/>

Disability Support Services provides the required academic and programmatic support services to students with permanent and temporary disabilities. Disability services are located throughout the University in integrated settings. DSS provides centralized coordination and referral services. Contact office or website for more information.

Health Center

<http://shc.siu.edu/>

374 E. Grand Avenue

(618) 453-3311

The SIUC Health Center is conveniently located next to the student recreation center here on campus. The Health Center offers a variety of services such as a full service medical clinic, sports medicine office, and a mental health clinic. Also located within the building are Marion Eye Center and Student Emergency Dental Services. There is even a pharmacy located directly inside of the building for your convenience!

McLeod Theater

1100 Lincoln Drive

Box office: 453-3001

(618) 453-3007

<http://www.playhouse.siu.edu>

Communications Building

The McLeod Theater is located in the communications building on campus. Most of the play and theater productions of SIU are performed here.

Morris Library

605 Agriculture Drive

Information desk: 453-2818

Circulation services: 453-1455

<http://www.lib.siu.edu>

Located here on campus, Morris Library is the newly re-modeled building at SIU. There are plenty of computer rooms, tables and chairs for studying and not to mention a small café.

Non-Traditional Student Services (NTSS)

Student Services Building, Room 484

(618) 453-7521

<http://nontrad.siu.edu/>

Non-traditional students are those who might have the following characteristics: financially independent, delayed entrance into college, returning to college, a transfer student, a veteran, commuter student, married/widowed/divorced, a parent, working full-time, attending part-time,

etc. The conflicting demands of daily tasks and obligations that you may have can become challenging. NTSS is here to help your transition into campus life.

Saluki Cares

(618) 453-1492

salukicare.siu.edu

Email: siucare@siu.edu

The purpose of Saluki Cares is to develop, facilitate and coordinate a university-wide program of care and support for students in distress. By working closely with faculty, staff, students and their families, SIUC will continue to display a culture of care and demonstrate to our students and their families that they are an important part of the community.

Shryock Auditorium

1050 S Normal Ave.

(618) 453-6000

<http://cola.siu.edu/>

Shryock auditorium is located on the SIU campus and is a theater that houses many performances here on campus!

SIU Center for Autism Spectrum Disorders

Wham Educational Building, Room 124

(618) 536-2122

<http://ehs.siu.edu/casd/>

The SIUC Center for autism serves as a site for teaching and interdisciplinary training of graduate students who will be the future professionals in their disciplines of behavior analysis, speech language pathology, and other related professions. The Center also is the home for research and evaluation related to creating and disseminating knowledge about autism spectrum disorders. Finally, the Center is the regional focal point in Southern Illinois for service to children with autism spectrum disorders, their families, community service providers, and the public.

SIU Dental Hygiene Clinic

College of Applied Science and Arts

1365 Douglas Drive

(618) 453-7211

<http://sah.siu.edu/>

The SIUC Dental Hygiene Clinic offers a variety of preventive services to SIUC students, faculty and community residents at a reduced price. Services provided include dental exams, cleaning, x-rays, fluoride treatments, pit and fissure sealants, and other dental hygiene services. Services are provided by dental hygiene students who have passed competency exams.

SIU Student Recreational Center

300 E. Grand Avenue

(618) 453-1277

<http://reccenter.siu.edu/>

The student recreation center is a great place to go and work out! They have everything from a weight room to basketball courts, to an Olympic size swimming pool. They even have rock

climbing! There are also massages, personal trainers, and instructional classes available for a cost. Spouse/domestic partner and dependent memberships available.

SIU Trio-Student Support Services

Woody Hall C309, MC 4721

Phone: 618-453-6973

Fax: 618-453-6220

Email: Triosss@siu.edu

Our program assists a select group of students in adjusting to university life and becoming successful in their academic pursuits. The SSS Program provides opportunities for academic development, assists students with meeting basic college requirements, and serves to motivate students towards the successful completion of their post-secondary education. Students eligible to participate must meet one of the following criteria: first-generation college student, meet federal income guidelines, and/or possess a documented disability. The purpose of the program is to increase graduation and retention rates among the population served.

Student Multicultural Resource Center

Student Services Building, Room 140

<http://smrc.siu.edu/>

(618) 453-3740

The Center works to bring together the Black Resource Center, Hispanic Resource Center, LGBTQ Resource Center and Women's Resource Center to facilitate student and professional development through numerous academic and non-academic programming for the increased ability to appreciate, value, respect and connect with multiple and diverse cultures now and into the future.

Students' Legal Assistance

Student Service Building, Room 493

(618) 536-6677

sladesk@siu.edu

Students' Legal Assistance provides legal services to SIUC students. Students must be enrolled and paying fees for the semester in which they are seeking services to be eligible for legal assistance.

University Bookstore

1255 Lincoln Dr.

1st floor Student Center

(618) 536-3321

<http://www.bkstr.com/southernillinoisstore/home/en>

The university bookstore is an on campus bookstore. They sell textbooks, school supplies, and art supplies. They also sell greeting and birthday cards, Saluki apparel, hair care essentials, magazines, and more!

University Museum

Faner Hall, Room 2469

(618) 453-5388

www.museum.siu.edu

The University Museum has many ever-changing exhibits, including exhibits on the history of SIU. They also offer workshops for the youth and have a museum store if you want to leave with souvenirs. FREE

Veterans Services

Woody Hall C109 - MC 4727

(618) 453-1335

<http://veterans.siu.edu/>

The Veterans Center is committed to making the transition of veterans from the military to SIU Carbondale a seamless process. If you are a veteran who is interested in attending SIU Carbondale, or have already been accepted, your first step should be to contact the Veterans Services Office. If any questions arise please do not hesitate to contact or stop by.

Wellness Center

374 E. Grand Avenue

(618) 453-3311

Mon-Fri 8:00am-4:30pm

Located inside the Student Health Center, the wellness center offers professional counselors to aid students in making healthy lifestyle choices. They offer sex education, skill building, stress management, nutritional education, and drug and alcohol education. They also offer HIV/Aids tests.

www.shc.siu.edu

Writing Center

Morris Writing Center, Morris Library (2nd floor), Room 236.

(618) 453-1231

(618)453-2927

Trueblood Writing Center, Learning Resource Center- Lower Level: Evenings only. Writing Center is a free service to aid students through the writing process and in improving writing skills.

Make appointments at least 48 hours in advance at www.write.siu.edu. Drop in is ok.

Register 48 hours in advance at: www.write.siu.edu

ALUMNI ASSOCIATION BENEFITS

Join the largest and oldest organization at Southern Illinois University that has been serving SIU alumni and friends since 1896. The SIU Alumni Association membership dues support the Association with their extern program, scholarships, and many other university organizations, but it also comes with benefits to you. Members get advantages that include:

A Membership Card:

This is proof of your membership. It will get you into Association events all over the country. Below are the membership levels, terms, and the membership prices:

Current Student (1 year):	\$15
Recent Graduate (1 year):	\$25
Annual Individual:	\$40
3 Year Individual:	\$100
Life Individual (Full payment):	\$700
Life Individual (Installments):	\$800

SIU Alumni Magazine:

Memberships come with a subscription to the Association's quarterly magazine. Each issue offers news from campus and stories from alumni across the world.

Discount Network:

Members save money with hundreds of nearby discounts and exclusive offers, no matter where they live. Start finding savings near you at sualumni.com/discountnetwork.

Professional Development:

Your membership gives you access to a library of recorded and live webinars each year, offering career advice from industry insiders and experts. Search topics at sualumni.evisors.

Scholarly Research:

Members can view a library's worth of academic journal articles, new and old, courtesy of Jstor, which is offered in conjunction with [Morris Library](http://morrislibrary.org).

Build your Saluki Gear Collection For Less

Members save 15% off Saluki apparel and accessories at the SIU Alumni Association Online Store. Visit the virtual storefront at <http://www.sualumni.com/>

Online Community Network

Looking for an old classmate? A former professor? Members can easily search our [Online Community Network](http://onlinecommunity.sualumni.com) and reconnect with other alumni.

CAMPUS INFORMATION

Financial Aid.....453-4334
Housing.....453-2301
Parking Division.....453-5369
Parking Decals.....https://siuparking.t2hosted.com/cmn/auth_ext.aspx
Campus Police453-3771
Bursar.....453-2221

CLOTHING ASSISTANCE

Create-a-Smile Thrift Shop , 121 W Illinois Ave, Carterville.....	985-3171
Good Samaritan Free Clothing Pantry , 700 S. Oakland, Carbondale.....	457-0323
Goodwill Store , 1145 E Main St, Carbondale.....	549-3415
Goodwill Store , 2806 Outer Dr, Marion.....	998-1670
Jane's Consignment Shop , 1224 W. Main, Carbondale.....	549-5645
Melise's Consignment Boutique , 928 W. Main, Marion.....	993-1800
Midwest Cash , 1101 W. DeYoung, Marion.....	998-1400
University Baptist Church , 700 S. Oakland, Carbondale.....	457-0323

COMMUNITY HEALTH RESOURCES

CARES-Mental Health Emergency Hotline

(800) 345-9049

Tele-help Line for Caregivers (24 hour counseling)

(866) 438-7852

24-Hour Center Stone Crisis

(855) 985-0911

Illinois Department of Children and Family Services (DCFS)

www.jchdonline.org

<http://www.state.il.us/dcf/index.shtml>

(800) 232-3798

Adolescent Health Center

101 S. Wall St.

Carbondale, IL 62901

(618) 529-2621

Ages: Infant-25 years old

Services: Full service medical facility with physicians and medical professionals providing family medicines, preventative health services and chronic disease management. Medicaid or sliding fee scale based upon family income and number of people in household. Insurance is also accepted.

American Red Cross

556 North Airport Rd.

Murphysboro, IL 62966

(800) 272-2984

(618) 529-1525 (local office)

<http://www.redcross.org/>

People Served: All ages

Services: Financial help to fire and disaster victims. Education courses in HIV/AIDS, CPR, First Aid, and swimming classes for all ages. Services to all military personnel and their families. Organize and collect blood in many communities around United States.

Fees: All health and safety classes have a fee depending on which course, but free when it is verified that the customer cannot afford to pay.

Center for Medical Arts Prompt Care

2601 W. Main St

Carbondale, IL 62901

(618)549-5361

CHESI Cedar Court Clinic

1340 Cedar Court

Carbondale, IL 62901

(618)457-7821

Department of Human Services (DHS)

Link Card, Medical Card, Cash Assistance

(618) 687-1705

Jackson County Health Department

P.O. Box 307

Murphysboro, IL 62966

(618) 684-3143

www.jchdonline.org

Services: Family planning, immunizations, check-ups and illnesses, WIC.

Cost: Sliding scale fee

Pregnancy Matters

Jackson County Office

PO Box 4001

241 South Lewis Lane

Carbondale, IL 62902

618.549.2794

888.303.8859 toll free

618.549.9305 fax

Williamson County Office

1200 East DeYoung Street

Marion, IL 62959

618.997.2790

info@PregnancyMatters.org

There to help those facing an untimely pregnancy. Free pregnancy tests, confidential assistance, ultrasound services, and many other services are available.

Shawnee Health Care

400 S. Lewis Lane

Carbondale, IL 62901

www.shsdc.org

(618)519-9200

Women, Infant, Children (WIC) Office

415 Health Dept Rd

Murphysboro, IL 62966

(618)684-3143

Counseling Service Centers

Centerstone

(618)457-6703

Services: Mental health and substance abuse services

Christian Social Services

(618)351-0743 or 1-800-997-9381

Services: Adoption services, counseling, foster services, school prevention programs. Help with rent and electric costs on the 1st of the month.

Cost: Minimum of \$25 per hour.

Do not accept medical card

Southern Illinois Regional Social Services (SIRSS)

604 East College

Carbondale, IL 62901

(618) 457-6703

Services: Big Brother Big Sister, counseling services, crisis services, Shelter/homeless information, and substance abuse services.

Southern Illinois University Clinical Center

Wham Educational Building, Room 141

Carbondale, IL 62901

(618) 453-2361

Services: Observations and interventions for children and adults with learning and speech difficulties, as well as hearing and central auditory processing difficulties with personality and psychological diagnostics, evaluations, treatment, and training.

Cost: Sliding scale fees

4-H Program of Jackson County

402 Ava Rd.

Murphysboro, IL 62966

(618) 687-1727

Services: Empowering youth to reach their full potential, working and learning in partnerships with caring adults.

Other Community Resources

Benevolent and Protective Order of Elks, (BPOE or ELKS) No. 1243

220 W Jackson St
Carbondale, IL 62901

(618) 457-4455

<http://www.elks.org/>

Counties served: Most counties in southern Illinois

Persons Served: Some financial support for special situations. Provide TV's to several hearing impaired people, free dental work to children, and wheel chairs to people who cannot afford them.

Fees: Free (Excluding memberships)

Carbondale Public Library

405 West Main Street
Carbondale, IL 62901-2995

(618) 457-0354

<http://carbondalepubliclibrary.org/>

Lions Club

P.O. Box 174, Carbondale, Illinois 62903

618-549-0096

<http://carbondaleil.lionwap.org/>

Services: Vouchers for eye glasses

Ages: All ages

Murphysboro Youth Center

1818 Walnut Street
Murphysboro, IL 62966
(618) 684-8243

Prevention First

Contact: <https://www.prevention.org/default.aspx>

Services: Information and supplies for programs (Bullying, drugs)

Fee: Free

Saluki Head Start

Southern Illinois University Carbondale
1900 North Illinois Avenue
Carbondale, IL 62901

(618) 453-2121

Saluki Head Start helps all children succeed by providing a comprehensive program that provides children with activities that help them grow mentally, socially, emotionally and physically.

Survivor Empowerment Center (formerly The Women's Center)

601 S. Thompson

Carbondale, IL 62901

<http://www.thewomensctr.org/>

Phone: 618-529-2324

24 Hour Hotline: 1-800-334-2094

TTY: 866-979-6636 or 618-351-1706

Marion- Rape Crisis and Domestic Violence Program: 618-993-0949

Mission: To end domestic violence and sexual assault against women and children in southern Illinois and to assist survivors of these crimes and their non-offending significant others.

Survivor Empowerment Center provides FREE services for the following:

- Child and adult counseling (also for non-offending males and children)
- Safe shelter -support groups -family counseling -parenting support
- Legal and other advocacy -information and referral's

Also provides educational presentations and professional training.

Volunteers also needed!

Support Groups

Alcoholics Anonymous

Men: 527-8647

Women: 521-1454

General: 549-4633 or 525-8628

<http://southernillinoisaa.org/>

Services: Serves only those that have an alcohol problem and who want to stop drinking. There is also an Al-anon meeting offered for those who are living with someone that has a drinking problem.

Alzheimer's Association- Southern Illinois Area Chapter

320 E. Walnut St.

Carbondale, IL 62901

(618) 985-1095

24- Hour Helpline: 1800-272-3900

<http://alzfdn.org/>

Services: Diagnostic referrals, support groups, individual/family counseling, education, advocacy, public and community awareness, and help line.

Fee: Call for information and before you come

Hours: 9:00 a.m.-5:00p.m., Monday-Friday

Prisoner Family Support

PO Box 123

Marion, IL 62959

(618) 997-1227

Services: Local Transportation and partial payment of motel stay on monthly basis. For visitors to the Marion Federal Penitentiary a support group once a month for any prison visitor. Support groups for elementary school children who have a parent in prison.

Fee: None

Hours: 9:00 a.m.-9:00 p.m., Monday-Friday

Solutions Counseling and Education Inc.

209 W. Commercial Dr. Suite H

Carterville, IL 62918

(618) 985-1072

<http://www.wellness.com/>

Services: Anger management evaluations and classes designed to meet the standards of the court and individuals; available for men, women, and teens.

Fee: Sliding scale; will take insurance

Hours: Monday 9:00 a.m.-5:00 p.m.

Women's Support Groups

(618) 529-2324, ext. 240

www.thewomensctr.org

Service: Jackson country area domestic abuse support groups. Provides support and education to women about domestic violence for non-offending male families and counseling for males and children.

Youth Services

Big Brothers Big Sisters of Southern Illinois

200 N Emerald Lane, Suite 3 (Housed in Centerstone of Illinois)

Carbondale, IL 62901

<http://www.bbbsofsi.org/>

Service: The program matches children aged 6-12 with screened and trained adult volunteers who spend 2 to 4 hours a week with them. The Amachi Program extends mentoring to children ages 4-14 who have a parent incarcerated.

Carbondale Boys and Girls Club

250 N. Springer St.

Carbondale IL, 62901

618-457-8877 ext. 23

<http://www.bgc-cdale.org/>

Services: After school and weekend program offering education, mentoring, support and guidance for youth ages 6+.

Fee: \$6 a semester and summer, \$20 for the year

Hours: M-Thurs 3-7pm, Fri 3-5:30pm

Gateway Youth Care

1080 E. Park St.

Carbondale IL, 62901

618-529-1151

<http://recovergateway.org/>

Services: Alcohol and substance abuse treatment, adolescent residential treatment and adult residential services. Also outpatient services for adolescents and adults.

Fees: Sliding fee scale, Insurance, Medicaid eligible, self-pay, OASA.

The H Group of Carbondale

2311 S. Illinois Ave.

Carbondale IL, 62901

618-457-6703

<http://www.thecarecenters.com/show/H-Group-Bbt-Inc-Carbondale-IL>

Services: Counseling services, crisis intervention and emergency services, in school prevention and programming, court diversion, therapeutic foster care and parent training, substance abuse treatment, independent living services for youth ages 18 and up who are homeless, Big Brother Big Sister Program.

Fees: Accepts Medicaid, Medicare, and private insurance. Grants available for substance abuse clients.

Hours: Mon-Thurs 8am-7:30pm and Fri 8-5:30.

Substance Abuse Services (Youth)

1307 W. Main

Marion IL, 62959

618-997-5336

Services: Assessment, individual/family group counseling services for adolescents (ages 12-20) who are experiencing problems due to their own or someone else's substance abuse.

COMMUTER RESOURCES

DO YOU COMMUTE TO CAMPUS?

Following are a few resources to help you get connected to campus from day one! Our experience has shown that commuter students have sometimes missed out on great opportunities simply because they just didn't know the resources existed. Hopefully this one-page guide will help change that!

- ✓ Reasons commuters should check out the Student Center.
 - **Did you know** the Student Center has food, bowling, a craft shop, laptop checkout, meeting spaces, weekend movies in the auditorium, and so much more? Check it out at studentcenter.siu.edu!
- ✓ Expanded dining options.
 - **Did you know** the dining halls are not just for students living in the residence halls? Dining halls are for everyone including commuters, faculty, staff, etc. Check out menus, meal plans, and more at www.housing.siu.edu/dining.
- ✓ Student Recreation Center services.
 - **Did you know** your Student Recreation Center membership is INCLUDED in your student fees? Just go to the Rec, swipe your student ID, and you're good to go! Staff will even give you a tour! If you have a spouse/domestic partner or dependents, the Rec has membership options for them, too! Visit www.reccenter.siu.edu.
- ✓ Saluki Express routes.
 - **Did you know** that you ride FREE with your student ID? No more waiting for a parking space or walking to class in bad weather. Simply find a place to park near a Saluki Express stop, swipe your student ID, and ride comfortably to anywhere on campus (or even off campus). Kids can get a bus pass, too! Find out about available routes and more at studentcenter.siu.edu/services/saluki-express/.
- ✓ Free resume critique from SIU's Career Services.
 - **Did you know** it is never too early to start planning for your career? Do yourself a favor and get to know SIU's Career Services professionals and the services they offer at www.careerservices.siu.edu.
- ✓ Help from the Writing Center.
 - **Did you know** that there are two Writing Center locations on campus? They have a variety of services to help you develop your writing skills for a class assignment or paper. Visit write.siu.edu.
- ✓ Student Health Services.
 - **Did you know** that SIU's Student Health Services include medical, wellness, counseling, dental, pharmacy, optical, and more? And all in one building! Located next to the SIU Recreation Center.
- ✓ Saluki Cares
 - **Did you know** that there is a place to turn to when you have a challenge or see another student in need? Saluki Cares coordinates campus-wide care to help students succeed. To submit a self-referral or to refer another student, simply visit salukicare.siu.edu.
- ✓ Non-Traditional Student Services
 - **Did you know** that Non-Traditional Student Services serves commuters, returning adults, and students with children? With too many services to list, we invite you to visit nontrad.siu.edu to find resources such as our Family Card (spouse library card, Rec Center family memberships, Saluki game discounts, and more), childcare resources, monthly newsletter, and so much more!

COMMUTER TRANSIT ROUTES



Save fuel and reduce the wear and tear on your vehicle, take the bus! Whether you are coming from the north, south, east, or west, there is a route to SIU with daily rates and monthly passes.

FROM THE NORTH: DuQuoin, DeSoto

[South Central Transit](#) *Select the Perry County 'Chestnut' route

Website: <http://www.southcentraltransit.org/shuttles.html>

Phone: 800-660-7433

FROM THE EAST: Harrisburg, Marion, Carbondale

[Rides Mass Transit](#)

Website: <http://www.ridesmtd.com/>

Phone: 877-667-6119

FROM THE SOUTH: Cairo, Anna

[Shawnee Mass Transit](#)

Website: <http://www.shawneemtd.com/index.html>

Phone: 866-577-6278 or 618-658-8380

FROM THE WEST: Murphysboro, Jackson County

[Jackson County Mass Transit](#)

Website: <http://www.jcmttd.com/routes/>

Dispatch (**Carbondale only**): **549-0304**

Dispatch (**Outside Carbondale**): **866-884-7433**

Office phone (not the dispatch number): 618-351-1836

FIRST TRANSIT: Non-Emergency Transportation Services Prior Authorization Program (NETSPAP)

Non-emergency transportation services for Medicaid participants Call 877-725-0569 for details, prior approval, and eligibility assessment.

Website: <http://netspap.com/ns/home/>

BUSDOG: Chicago, Northwest Suburbs

Northwest Express: Monee, Elmhurst, and the Woodfield Mall

Chicago Direct: Monee, 95/Dan Ryan and Union Station

Website: busdog.com

Phone: 618-521-5207

EMPLOYMENT ASSISTANCE

Employment Agencies (Carbondale)

1. Manpower (618) 457-0414
2015 W. Main Suite 1

Shawnee Development Council, Inc.

2207 Popular Street

Cairo, IL 62914

Telephone: 618-734-0535

Hours of Operation: 8:30 a.m. - 4 p.m.

Website: www.ShawneeDevelopment.org

http://warmneighborscoolfriends.com/?page_id=2

Serving: Alexander, Johnson, Hardin, Massac Pope, Pulaski, and Union Counties

United Way 2-1-1 Information

Offers information on a broad range of services, including rent assistance, food banks, affordable housing, health resources, child care, after-school programs, elderly care, financial literacy and job training programs.

Illinois Department of Employment Services

1-800-244-5631

Services: Unemployment claims

Office of Rehabilitation Services (ORS)

(618)457-2107

Services; Re-training for employment due to disability.

FAMILY RESOURCES

Archway Agency

1108 W. Willow St.
Carbondale, IL 62901
(618) 549-4442

<http://archwayforchildren.org/>

Services: Serves children (birth-5) with diagnosed disabilities, developmental delays, and/or risk of school failure. They provide evaluations, developmental therapy, and speech/language therapy.

Fee: No charge to at risk or developmentally delayed children.

Hours: Monday-Friday 8:00 a.m. - 4:00 p.m.

Better Parenting (SIRSS)

Cornerstone Place, 250 Lewis Lane
Carbondale, IL 62901
(618) 457-6703, ext. 7959

Services: Five week parenting support group offered through SIRSS.

Hours: Wednesdays, 1:00 p.m. - 3:00 p.m.

Christian Social Services

10286 Fleming Rd.
Carterville, IL 62918
(618) 958-2000

www.cssil.org

Services: Adoption, foster care, pregnancy care, mentoring young parents, emergency assistance, and school counseling.

Fee: Sliding fee scale

Hours: Monday-Friday, 8:30 a.m. - 4:30 p.m.

Zeta Phi Beta Sorority

Provides support for expecting mothers who are financially struggling.

For more information please contact via email;

Mightymdchapter@outlook.com

Shawnee Development Council, Inc.

2207 Popular Street
Cairo, IL 62914

Telephone: 618-734-0535

Hours of Operation: 8:30 a.m. - 4 p.m.

Website: www.ShawneeDevelopment.org

http://warmneighborscoolfriends.com/?page_id=2

Serving: Alexander, Johnson, Hardin, Massac Pope, Pulaski, and Union Counties

Child & Family Connections

P.O Box 1180
2751 W. Main St.
Carbondale, IL 62901
(618) 529-3147

<http://www.dhs.state.il.us/page.aspx?module=12&officetype=4>

Services: Working with developmental delays which cause struggles in parent-child relationships, family routines, and developmental and educational growth. Providing answers to parent's questions regarding their child's development. (Ages 0-3) Specialties in speech therapy, audiology, assistive testing, developmental therapy, physical therapy, occupational therapy, vision services, service coordination, parent liaisons, referral for medical diagnoses, transition from Early Intervention to programs for 3-5 yr. olds.

Fee: Services based on family income and size; Free evaluations

Hours: Call for information

Learning Center

411 S. Court St.
Marion, IL 62959
(618) 993-2138

Services: Specialized services that address students with learning disabilities, cognitive disabilities, speech language impairments, emotional disabilities, developmental delays, autism, hearing, physical, and visual impairments, students may also benefit from such related services as occupational therapy, physical therapy, speech language therapy, audio logical services, nursing services, and social work or psychological services. Offers bus routes throughout Williamson County.

Hours: Monday-Friday 8:00am-3:00pm

Unity Point Family Circle

Unity Point School
4033 S. Illinois Ave.
Carbondale, IL 62901
(618) 529-4151 ext. 212

Services: Baby talk parent education program for parents and children ages 0-3, Family Literacy Program, ESL, and computer training.

Fee: None

Hours: M-F 8am-3pm

Connecting families and Communities

<http://www.sifamilies.org/kids-eat-free-discounts.html>

This website offers a variety of resources for your family such as a list of what restaurants throughout the week in surrounding areas offer free meals for your children etc.

Also listed on the website is a comprehensive calendar of Southern Illinois family friendly events.

Area Schools

Public Schools in Carbondale

Carbondale Community High School

9th – 12th grade

1301 E Walnut St, Carbondale, IL 62901

[\(618\) 457-3371](tel:(618)457-3371)

Carbondale Elementary District 95

925 S Giant City Rd, Carbondale, IL 62902

[\(618\) 457-3591](tel:(618)457-3591)

Carbondale Middle School

6th – 8th grade

1150 E Grand Ave, Carbondale, IL 62901

[\(618\) 457-2174](tel:(618)457-2174)

Giant City Elementary School

Kindergarten – 5th grade

1062 Boskydell Rd, Carbondale, IL 62902

[\(618\) 457-5391](tel:(618)457-5391)

Lewis School

4th – 5th grade

Carbondale, IL 62901

[\(618\) 457-2632](tel:(618)457-2632)

Parrish Elementary School

Pre K – 1st grade

121 N Parrish Ln, Carbondale, IL 62901

[\(618\) 457-5781](tel:(618)457-5781)

Rebound High School

Adult/Optional Education Program

205 N Oakland Ave, Carbondale, IL 62901

[\(618\) 549-8232](tel:(618)549-8232)

Southern Illinois University Head Start

Various Location of centers listed on website:

<http://headstart.siu.edu/location/index.php>

Thomas Elementary School

2nd – 3rd grade

1025 N Wall St, Carbondale, IL 62901

[\(618\) 457-6226](tel:(618)457-6226)

Unity Point Community District 140

Elementary School

Pre K – 8th grade

4033 S Illinois Ave, Carbondale, IL 62903

[\(618\) 529-4151](tel:(618)529-4151)

Private Schools in Carbondale

Brehm Preparatory School

Special Education School

950 S Brehm Ln, Carbondale, IL 62901

[\(618\) 457-0371](tel:(618)457-0371)

Brehm - OPTIONS Program

Transitional program for young adults with learning disabilities.

101 S Lewis Ln, Carbondale, IL 62901

[\(618\) 549-4201](tel:(618)549-4201)

Immanuel Lutheran School

Private School, Pre K – 8th grade

1915 Pine St, Murphysboro, IL 62966

[\(618\) 687-3917](tel:(618)687-3917)

Trinity Christian School

Religious School, Pre K – 12th grade

1218 W Freeman St, Carbondale, IL 62901

[\(618\) 529-3733](tel:(618)529-3733)

St. Andrews Grade School

Private School, Pre K – 8th grade

723 Mulberry St, Murphysboro, IL 62966

[\(618\) 687-2013](tel:(618)687-2013)

Child Care

The following is a list of SIU child care services (university affiliated).

For a complete list please of child care services in the Carbondale area and surrounding communities, contact CCR&R at 618-985-5975 or send an email to ccrr@jalc.edu.

University-Affiliated Services Include:

Rainbow's End Child Development Center

650 S. State Street

Carbondale IL 62901

Phone: (618) 453-6358

<http://rainbowsend.siu.edu/>

The center is licensed by the Department of Children and Family Services (DCFS), accredited by the National Association for the education of Young Children (NAEYC) and has a 3 Star Quality Rating System designation by the Illinois Network of child Care Resource and Referral Agencies (INCRRA). The center provides a secure, supportive, and stimulating environment that meets the daily needs of infants through school-aged children. Priority for enrollment is reserved for SIU students and faculty/staff with young children. Hours: 7:30 a.m. to 5:30 p.m. every day the University is open.

Head Start Agency

Central Office

1900 N. Illinois Ave.

Carbondale IL 62920 USA

Phone: (618) 453-6448

<http://headstart.siu.edu/>

Centers are located in Murphysboro, Carbondale, Marion, and locations at John A. Logan College Preschool and Malone's Early Learning Center. The program provides comprehensive school readiness and high quality services to income eligible families with preschool age children. Half-day sessions are free and full day sessions have for qualified applicants.

United Way 2-1-1 Information

Offers information on a broad range of services, including rent assistance, food banks, affordable housing, health resources, child care, after-school programs, elderly care, financial literacy and job training programs.

FOOD PANTRIES, SHELTERS, AND FOOD ASSISTANCE

Saluki Food Pantry

Student Center, Lower Level

(618)536-3351

Tuesdays and Wednesdays, 10:00am – 2:00pm

SIU Carbondale Wesley Foundation Food Pantry (created for SIU students)

816 S. Illinois Avenue (next to Quigley)

Carbondale, IL 62901

(618) 457-8165

Call for hours of availability

Adolescent Health Center

101 S. Wall St

Carbondale, IL 62901

(618) 529-2621

Food: Monday 9-11 a.m.

Carterville United Community Pantry

121 W Illinois Avenue

Carterville, IL 62918

(618) 985-3171

Tuesday 9 a.m.-12 p.m.

Residents of Crainville and Carterville

Community Cupboard

Praise Central Church of Deliverance

400 E. Jackson St, Carbondale IL 62901

529-2621 ext. 112

(618) 457-4108

Saturdays only: 11 a.m.-1 p.m.

Elm Street Baptist

1907 Elm St

Murphysboro, IL 62966

Office: (618) 687-1043

Food: Twice a month on Wednesdays 9-11 a.m. for Murphysboro residents only. Must register on Tuesdays and pick up on Wednesdays.

Feed My Sheep Community Soup Kitchen

316 E. Jackson

Carbondale, IL 62901

Office: (618)529-5278

Meals at Noon, Monday thru Friday

Good Samaritan Ministries

701 S. Marion

Carbondale, IL 62901

(618) 457-5794

Shelter: 24 hours. Soup Kitchen daily at 8 a.m., 11:30 a.m., 5:30 p.m.

Herrin Community Pantry

509 North 17th Street, P.O. Box 522

Herrin, IL 62948

(618) 942-2080

Tuesday 9 a.m.-12 p.m., Friday 1-4 p.m.

Serving: Herrin, Colp, Freeman Spur, Energy

Hunger Hotline

Illinois 1-800-359-2163

Lighthouse Shelter

1101 N. Madison Street

Marion, IL 62959

(618)993-8180

800-334-2094

Food and Shelter: 24 hours

Matthew 25 Ministries Food Pantry

Carbondale Church of God

1461 County Line Road

Carbondale, IL 62901

Hours: 9a.m. - 12:00 on the first and third Thursdays

(618)457-6634

Murphysboro Food Pantry

906 N. 14th St

Murphysboro, IL 62966

(618) 684-8258

9:00 AM – 11:00 AM Monday thru Friday

Shawnee Development Council, Inc.

2207 Popular Street

Cairo, IL 62914

Telephone: 618-734-0535

Hours of Operation: 8:30 a.m. - 4 p.m.

Website: www.ShawneeDevelopment.org

http://warmneighborscoolfriends.com/?page_id=2

Serving: Alexander, Johnson, Hardin, Massac Pope, Pulaski, and Union Counties

Survivor Empowerment Center (formerly The Women's Center)

610 S. Thompson

Carbondale, IL 629.(618)549-4807

Victory Dream Center Food Pantry

607 E. College

Carbondale, IL 62901

Hours of Operation: Monday – Friday 12:30 – 3p.m.

*Only open the last 15 weekdays of each month.

(618)525-2025

University Baptist Church

700 S. Oakland

Carbondale, IL 62901

(618)457-0323

Open Monday thru Friday, 9:00 AM to 11:00 AM; Also distributes used clothing

USDA Pantry Good Samaritan Food Pantry

700 South Oakland

Carbondale, IL 62901

Margie Parker (618)457-0323

9:00 AM – 1:00 PM Mondays

9:00 AM – 11:30 AM Fridays

HOUSING

ON-CAMPUS HOUSING

Whether you are a single, a graduate student, a domestic partner, married, or have a family, there is an apartment that fits your needs at SIU.

We offer three on-campus apartment areas (Evergreen Terrace, Wall & Grand, and Elizabeth Apartments) at Southern Illinois University Carbondale. With eligibility varying by area, we have something for everyone. Eligibility requirements are available by clicking [here](#).

Advantages

- Great location
- Furnished & unfurnished apartments
- Air-conditioned apartments
- Individual contracts
- Children's programs & playgrounds
- Unity Point School District
- Computer labs
- Live-on staff
- On-site laundry & parking
- Saluki Express bus service



For more information, visit housing.siu.edu.

OFF-CAMPUS HOUSING

If you wish to live off campus and are not required to live on campus by the [SIU Student Housing Policy](#), be sure to read the tips below **before** you sign a lease. You may also wish to ask our students for recommendations of areas to live in or avoid as we cannot recommend any specific off-campus housing. Also, we do not inspect, own or approve any off-campus housing facilities.

OFF-CAMPUS HOUSING DIRECTORIES

[Apartment Finder](#)
[Daily Egyptian Dawghouse](#)
[Southern Illinoisan](#)
[Apartment Guide](#)

BEFORE SIGNING A LEASE

Adapted from information provided by [Students' Legal Assistance](#), the following tips will help you make an educated decision in off-campus housing.

Find Out if You Need a Guarantor

Many landlords require a guarantor on the lease. A 'guarantor' is someone - like your parents - who also signs the lease and becomes legally responsible for all rent and fees if the tenants do not pay. Before you sign a lease, ask the landlord if a guarantor is required. If you sign the lease before determining if a guarantor is required, you may forfeit your deposit.

Look into Late Charges and Early Payments

Some landlords charge late fees for every day the rent is late. They may also require monthly rental payments to begin months before you move in. Determine payment schedules and due dates before you sign a lease. Ask what other charges or fees are outlined in the lease, such as sublet fees, lawn care, guests, pets, etc.

Do Your Homework

Get as much information about the landlord and rental unit from past or current residents as possible. Determine if the landlord makes repairs when requested, values privacy, treats tenants with respect and keeps his/her promises. Ask tenants if they would rent from the landlord again.

- Ask for a copy of the lease to take with you and review it **before** you sign it. If the landlord refuses, take your business elsewhere. Always make a copy of the actual signed lease for your records.
- Make sure you understand the lease fully before you sign it. Don't place a deposit unless you are prepared to lose it.
- Stop by the Students' Legal Assistance Office, located on the fourth floor of the Student Services Building or call Students' Legal Assistance at 618.536.6677, to make an appointment if you would like to have them review your lease before you sign.

Source: housing.siu.edu

HOUSING/SECTION 8

The Housing Choice Voucher Program, or Section 8 housing rent assistance, is the federal government's program for assisting very low-income families -- including the elderly and the disabled -- to afford decent, safe and sanitary housing in the private market. Since housing assistance is provided on behalf of the family or individual, participants are able to find their own housing in the community. Participants are free to choose any housing where the landlord agrees to accept the voucher, signs an agreement with the Housing Authority, and which the Housing Authority approves as reasonable.

The rent is determined by a federal payment standard. If the landlord charges less than the payment standard, the rent is generally 30% of the participating family's income each month. If the landlord charges more than the payment standard, then the rent may be more than 30%. The participating family must report all changes in income to the company that owns or manages the building or complex. If the landlord decides not to renew the lease, the Housing Authority will issue another voucher, as long as the family qualifies, to find another house or apartment to rent. Participating families cannot be evicted from the housing during the period of the lease unless the lease is repeatedly and seriously violated.

When the application is returned to the Housing Authority office, it will be checked to see that all information required is attached. At that time the household income will be compared to the income limits for the family size, a criminal check will be made of all adult household members, and a determination of preliminary eligibility will be made. If the family qualifies, they will then be placed on a waiting list for a voucher. When the family nears the top of the waiting list, all information will once again be verified to determine whether or not the family is still eligible to participate in the program.

The voucher may be used anywhere under most circumstances.

Housing with a Section 8 voucher may take somewhat longer than placement in standard housing developments, because the participating family must first find a private landlord with an appropriate unit. And, before the family can move in, the Housing Authority must complete an inspection of the unit to ensure that it is safe, decent, and affordable.

To be considered for Section 8 housing, apply at the local or county Housing Authority office. Bring the completed application along with the following information:

1. Verification of all income from whatever source in writing.
2. Birth certificates and Social Security cards for all individuals planning to live in the unit.
3. If married or divorced, copy of marriage license or Judgment of Dissolution.
4. Names and complete addresses of three personal references other than family members.
5. Names and complete addresses of current and/or previous landlords.
6. If a family member is pregnant, a statement from the physician.
7. Verification of any preferences to which you believe you are entitled.

The following are posted at the local and county Housing Authority offices:

1. Current payment standards,
2. a list of participating landlords in the jurisdiction,
3. a Schedule of Utility Allowances,
4. income limits for admission,
5. the Section 8 Administrative Plan, and
6. other pertinent information and notices about Section 8 housing vouchers

HOUSING/SECTION 8 - CONTACT INFORMATION

Jackson County Housing Authority

300 N. 7th Street
Murphysboro, IL 62966
Phone: (618) 684-3183
Fax: (618) 684-3222
Section 8 & Low-rent housing

Marion City Housing Authority

501 N. Market Street
Marion, IL 62959
Phone: (618) 997-1258
Fax: (618) 997-2680
Section 8 & Low-rent housing

Williamson County Housing Authority

300 Hickory Street
Carterville, IL 62918
Phone: (618) 985-2422
Fax: (618) 985-6601
Section 8 & Low-rent housing

Illinois DCEO

2309 W. Main Street Suite 118
Marion, IL 62989
Phone: (618)993-7630
Fax: (618)997-1825
Section 8 housing

Housing – Low Income

Cornerstone Place

250 S. Lewis Lane
Carbondale, IL 62901

Carbondale Towers

800 W. Mill St.
Carbondale, IL 62901
(618)529-3371

The Fields Apartments

700 S. Lewis Lane
Carbondale, IL 62901
(847)498-4848

Carbondale Supportive Housing

709 E. College
Carbondale, IL 62901

Southern Illinois Coalition for Homeless

801 N. Market
Marion, IL 62959
(618)993-0094

INCOME ASSISTANCE/LOW INCOME ENERGY ASSISTANCE

Carbondale Township

(618)457-3366

Services: general assistance

Child Support Enforcement- Marion Regional Office

3419 Professional Park Dr.

Marion, IL 62959

(618) 993-7801

(Toll free) 1800-447-4278

www.state.il.us/dpa/illinois_child_support

Services: Locate absent parents, secure or modify order for child support and/or health insurance, collect child support payments (any state) and establish paternity. There may be a onetime fee of \$25.00.

Crosswalk Community Action Agency

410 West Main Street

West Frankfort, Illinois 62896

(618) 937-3581

<http://crosswalkcaa.com/>

Services: The Low Income Home Energy Assistance Program (LIHEAP) is designed to help low-income households pay for winter energy services. The amount of assistance received is determined by a number of factors; including number of people in the home, household income, type of fuel used for heating and geographic location. *For Jackson County residents see the Jackson County Outreach.*

Jackson County Outreach

342 North Street Suite B

Murphysboro, IL 62966

(618)684-3341

M-F 8 a.m.-12 p.m. and 1 p.m.-4 p.m. (closed for lunch)

<http://weeoc.org/jackson-county-office/>

Shawnee Development Council, Inc.

2207 Popular Street

Cairo, IL 62914

Telephone: 618-734-0535

Hours of Operation: 8:30 a.m. - 4 p.m.

Website: www.ShawneeDevelopment.org

http://warmneighborscoolfriends.com/?page_id=2

Serving: Alexander, Johnson, Hardin, Massac Pope, Pulaski, and Union Counties

Western Egyptian Economic Opportunity Council

(618)684-3341

Services: energy assistance with utilities and weatherization

Low Income Home Energy Assistance Program (LIHEAP)
1-877-411-9276

JACKSON AND WILLIAMSON COUNTY EMERGENCY CONTACTS

POLICE DEPARTMENTS

Carbondale Police Dept.
501 South Washington St.
Carbondale, IL 62901
(618) 457-3200

Energy Police Dept.
210 N Pershing St
Energy, IL 62933
(618) 942-5833

Herrin Police Dept.
300 N Park Ave
Herrin, IL 62948
(618) 942-4132

Murphysboro Police Dept.
202 N. 11th St.
Murphysboro, IL 62966
(618) 684-2121

HOSPITALS

Heartland Regional Medical Center
3333 West DeYoung
Marion, IL 62959
(618) 998-7000

Herrin Hospital
201 South 14th Street
Herrin, IL 62948
(618) 942-2171

Memorial Hospital of Carbondale
405 West Jackson St.
Carbondale, IL 62901
(618) 549-0721

St. Joseph Memorial Hospital
2 S. Hospital Dr.
Murphysboro, IL 62966
(618) 684-3156

FIRE DEPARTMENTS

Carbondale Fire Depts.
5420 Old U.S. Hwy 51
Carbondale, IL 62903
(618) 549-0213

Murphysboro Fire Dept.
218 N. 10th St.
Murphysboro, IL 62966
(618) 684-3991

Carterville Fire Dept.
300 N. Division St.
Carterville, IL 62918
(618)985-8060

LEGAL SERVICES

Attorney General Kwame Raoul's Office

601 S. University Ave.

Carbondale, IL 62901

(800) 243-0607

(617) 529-6400

(617) 529-6401

Services: Consumer protection, community outreach, environmental law, criminal trials assistance, and crime victim's assistance.

Fee: None

Hours: Monday-Friday, 8:45am-4:45pm

Land of Lincoln Legal Assistance

509 S. University Avenue (3rd floor)

Carbondale, IL 62901

(877)342-7891 or (618) 457-7800

(800) 642-5335 (clients only)

Services: Free legal services to low income persons in certain civil cases.

Fee: None, if eligible

Hours: Monday-Friday, 9:00am-5:00pm (Closed from 12 noon-1:00 pm)

Application Process: Call (877) 342-7891 for an appointment.

Jackson County State's Attorney Office

Jackson County Courthouse (3rd floor)

Murphysboro, IL 62966

(618) 687-7200

Services: Prosecution of those accused of violating criminal laws; orders of protection for victims of domestic violence.

Fee: None

Hours: Monday-Friday, 8:00am-4:00pm

Students' Legal Assistance Office

Student Services Building, Room 493

1263 Lincoln Dr.

Carbondale, IL 62901

(618) 536-6677

Services: Landlord tenant issues, name change, small claims, traffic tickets (city of Carbondale), City of Carbondale ordinance violations, adoption, credit related matters, divorce (uncontested-no children), drinking tickets, expungement, and public notary. Advice only: bankruptcy, criminal matters, state/county tickets.

Fee: Included in tuition and fees

Hours: Monday-Friday, 8:00am-4:30pm

CARBONDALE RESTURANT GUIDE

Blend Tea Crepe Lounge

719 S University Ave
(618) 300-1088

Dine in, Carry out

Daily 11:00am-11:00pm

Chicago Hot Dogs & Shrimp

603 S. Illinois Ave.
(618)549-5707

Dine in, Carry out, Delivery

Mon-Wed: 11am-10pm, Thurs: 11am-11pm

Fri-Sat: 11am-midnight, Sun: 12pm-9pm

China Express

901 S. Illinois Ave.
(618)549-3991

Delivery, Carry out

Tuesday-Sunday: 11:00am-10:00pm

Monday: Closed

Menu at www.chinaexpresscarbondale.com

China Wok

883 E. Grand Ave.
(618)351-5910

Dine in, Carry out

Monday-Thursday: 11:00am-9:45pm

Friday-Saturday: 11:00am-10:45pm

Sunday: 12:00pm-9:45pm

Common Grounds Coffee House

600 E. Grand Ave.
(618)549-4180

Dine in, Delivery

Pastries, Muffins, Cookies, Coffee, & Smoothies

Monday-Friday: 7:00am-9:00pm

Saturday & Sunday: 8:00am-8:00pm

Don Taco

600 E. Grand Ave.
(618)549-3777

Dine in, Carry out, Delivery

Daily: 11am-1am

El Paisano

100 N Glenview Dr.
(618) 351-8159

Dine in, Carry Out

Monday – Friday: 11:00am – 9:30pm

Saturday & Sunday: 10:30am – 9:30pm

Harbaugh's Café

901 B. S. Illinois Ave.
(618) 351-9897

Dine in, Carry out (Cash Only! ATM Available)

Monday-Saturday: 7:00am-2:00pm

Sunday: 8:00am-2:00pm

Jimmy John's

519 ½ S. Illinois Ave.
Carbondale, IL 62901
(618)549-3334

Dine in, Carry out, Delivery

Daily: 10:00am-4:00am

**Kaya Korean/Japanese
Restaurant**

817 S. Illinois Ave.
Carbondale, IL 62901
(618)457-0968

Dine in only

Monday-Friday: 11:30am-2:00pm, 5:00pm-9:00pm
Saturday: 5:00pm-9:00pm
Closed on Sundays

La Amistad

519 S Illinois Ave.
Carbondale, IL 62901
(618) 351-1500

Dine in, Carry out, Delivery may vary on days

Monday – Thursday: 5:00pm – 9pm
Friday & Saturday: 11:00am – 3:00am
Sunday: 11:00 am – 9pm

Little Caesars

819 W. Main
Carbondale, IL 62901
(618)457-6100

Carry out

Daily: 10:30am-12:00am

Longbranch Café & Bakery

100 E. Jackson
Carbondale, IL 62901
(618)529-4488

Dine in, Carry out

Daily: 7:30am-9:00pm

Moe's Southwest Grill

715 N. Giant City Rd.
Carbondale, IL 62901
(618)549-4200

Dine in, Carry out

Monday-Saturday: 11:00am-10:00pm
Sunday: 11:00am-9:00pm

New Kahala Chinese

600 E. Grand Ave.
Carbondale, IL 62901
(618)529-3388

Carry out, Delivery

Monday-Friday: 11:00am-11:00pm
Saturday: 12:00pm-11:00pm

Pagliai's Pizza & Pasta

509 S. Illinois Ave.
Carbondale, IL 62901
(618)457-0321 or (618)549-4241

Dine in, Carry out, Delivery

Monday-Friday: 11:00am-11:00pm
Saturday & Sunday: 4:00pm-11:00pm

Papa John's Pizza

602 E. Grand
Carbondale, IL 62901
(618) 549-1111

Dine in, Carry out, Delivery

Sunday-Thursday: 10:30am-1:00am
Friday & Saturday: 10:30am-3:00am

Primo's Pizza

604 E. Park St.
Carbondale, IL 62901
(618) 351-9999

Dine in, Carry out, Delivery

Sunday-Thursday: 11:00am-12:00am
Friday & Saturday: 11:00am-1:00am

Quatro's 218 W. Freeman St. Carbondale, IL 62901 (618)549-5326	Dine in, Carry out, Delivery Daily: 11:00am-12:00am
Sam's Café 521 S. Illinois Carbondale, IL 62901 (618)549-2234	Dine in, Carry out, Delivery Sunday-Thursday: 5:00pm-2:30am Friday-Saturday: 5:00pm-4:00am
Thai Taste 100 S. Illinois Ave Carbondale, IL 62901 (618)457-6900	Dine in, Carry out Lunch: Monday-Friday: 11:00am -2:45pm Dinner: Sunday-Thursday: 5:00pm -8:45pm Friday-Saturday: 5:00pm -9:45pm
Tres Hombres 119 N. Washington Carbondale, IL 62901 (618)457-3308	Dine in, Carry out Daily 11:00am-2:00am
Wise Guys Pizza 1237 E. Main St. Carbondale, IL 62901 (618)457-7777	Delivery 8:00pm-3:00am

FUN AND RECREATION

African American Museum of Southern Illinois

1237 E. Main St.
Carbondale, IL 62901
(618) 457-2217
Sponsors educational exhibits of event and individuals of African American Heritage. This great museum happens to be located around the corner from campus in the University Mall.
Mon-Thurs: 12-6
Fri: 10-9

Boys and Girls Club

250 N. Springer
Carbondale, IL 62901
(618) 457-8877
The Boys and Girls Club of Carbondale provides valuable youth development programs and activities for children ages 6 to 18 years of age.
Mon-Thurs: 3-7
Fri: 3-5:30

Bandy's Pumpkin Patch Southern

15020 Pumpkin Patch Rd.
Johnston City, IL 62951
(618) 983-8676
Pumpkins, gourds, Indian corns. Pumpkin carving demos, hayrides, tours, corn maze, kids straw maze. Open Oct. 1, every weekend.

Cedar Lake

Cedar Creek Road-Boat launch
Carbondale, IL 62901
(618) 549-8441
The area surrounding Cedar Lake is maintained by the city of Carbondale and features a boat launch, public beach, fishing, and more. Also popular camping sites off Cedar Creek Road, lifeguards and concession during the summer months. \$2 beach fee, 4 and under are free. Passes are available.

Crab Orchard National Wildlife Refuge

8588 Route 148
Marion, IL 62959
(618) 997-3344
This wildlife refuge is located just west of Marion, on the northern edge of the Ozark foothills. The refuge's landscape ranges from rolling hills to low-lying wetlands. Hiking, camping, boating, hunting and wildlife observation are popular activities here.

Extreme Indoor Sports

1109 N. Railroad St.
Marion, IL 62959
(618) 993-2255
This sports center offers dance and gymnastics classes, and more! They even offer birthday parties!

Sit back, relax, and let your kids have fun while learning and doing something constructive.

Garden of the Gods

Shawnee National Forest
Harrisburg, IL 62946
(618) 253-1070
Garden of the Gods is located in the beautiful Shawnee National Forest of Southern Illinois. Explore and trail over 3,300 acres of land, it is a beautiful sight to see!

Giant City State Park

Makanda, IL 62958
Giant City State Park is an Illinois state park on 4000 acres in Jackson and Union Counties, Illinois, United States. Illinois acquired more than 1100 acres in 1927, and dedicated the park as Giant City State Park.

Echo Valley Orchards

144 Peach Rd.
Carbondale, IL 62901
(618) 684-2471 or
(618) 687-2833
Echo Valley Orchards has offered quality peaches and apples for more than half a century. Peaches all summer and 120,000 bushels of cold storage for apples in winter.

Kinkaid Lake State Fish & Wildlife

52 Cinder Hill Dr.
Murphysboro, IL 62966
(618) 684-2867
Kinkaid Lake State Fish & Wildlife Area is located in Jackson County in southwestern Illinois. Covering 2,750 acres, the park offers picnicking, camping, fishing and hunting opportunities.

Lake Murphysboro State Park

52 Cinder Hill Dr.
Murphysboro, IL 62966
(618) 684-2867
Rolling hills, forested areas and a star-shaped lake make up the landscape of Lake Murphysboro State Park, located one mile west of Murphysboro. Visitors come to the park to enjoy picnics, fishing, boating, camping and hiking.

Lenus Turley Park

1010 North Glenview
Carbondale, IL 62901
(618) 549-4222
Lenus Turley Park features playground equipment, picnic shelters, parking, game tables, restrooms and drinking fountains. Several events are held here throughout the year, including Sunset Concerts and the Southern Illinois Irish Festival.

LIFE Center Indoor Pool

2500 W. Sunset Dr.
Carbondale, IL 62901
(618) 549-4222
LIFE Center Indoor Pool offers aquatic fitness classes, swimming lessons, special events and birthday party rentals. Family swims on Fridays.

Marberry Arboretum

South Wall and W.
Pleasant Hill Rd.
Carbondale, IL 62901
(618) 549-4222
this arboretum houses over 100 genera, 600 species and 20,000 plants. Also offers hiking, fishing and picnicking opportunities.

Marion Cultural and Civic Center

Marion, IL 62959
(618) 997-2048
Events held at Marion Cultural and Civic Center include music workshops, dance recitals, beauty pageants and more.

Mileur Orchard

Hwy 149 West Orchard Rd
Murphysboro, IL 62966
(618) 687-3663
Fresh-picked peaches from July 4th to mid-Sept.
Apples harvested in early Sept and available into Oct. Nectarines and white peaches also available.
M-Sat: 9am-5pm
Sun: noon-5pm.

Pirate Pete's

3000 W DeYoung
800C Illinois Centre
Marion, IL 62959
(618) 997-4353
Pirate Pete's is a great place to come have lunch, play arcade games, laser tag, win prizes and more! They also offer birthday parties so book your child's next party today!

Science Center

Located in University Mall
1237 E. Main St.
Carbondale, IL 62901
(618) 529-5431
Children ages 3-13 and families. The science museum features interactive hands on exhibits dealing with basic concepts of science. They offer summer camps, birthday parties and outreach programs.
Wed-Thurs: 11-5, Fri:11-6,
Sun: 12-5

SIU Student Recreation Center

300 E. Grand Avenue
Carbondale, IL 62901
(618) 453-1277

The SIUC rec center offers a number of youth recreation activities. Bring your child in for dance, martial arts, tennis and swim lessons! Discounted memberships for spouse/domestic partner of SIU students.

Susan Barnes Dance Studio

205 West Willow Street
Carbondale, IL 62901
(618) 549-9546

Susan Barnes Dance studio offers a variety of classes from ballet, modern, hip hop and tap. They have performed in a number of places around the community including SIU's Shryock auditorium and the Du Quoin state fair.

The Southern Illinois National Hunting and Fishing Days Celebration

700 Logan College Rd.
Carterville, IL 62918
(618) 985-8392

For all of you, who love hunting and the outdoors, pay a visit. This is a family event, dedicated to teaching ethics, safety, and conservation in order to enhance the outdoor experience. Free admission and parking is available.

Visit Website for details.

Touch of Nature Environmental Center

1206 Touch of Nature Rd.
Carbondale, IL 62901
(618) 453-1121

Covering 3,100 acres, this facility at Southern Illinois University Carbondale is located on a 900-acre lake bordering a state park, a national forest and a national wildlife refuge. The center offers environmental education, conference services, experiential learning programs and more.

Wiswell's Christmas Tree Farm

Christmas Tree Rd.
Johnston City, IL 62951
(618) 983-5114

Wreaths, grave blankets, roping, greens, gift items, flocked tree showroom and decorations. Open Thanksgiving-Dec 20. Mon-Fri: 12pm- 5pm Sun: 10am-5pm.

LOCAL GROCERY STORES

Aldi's Food 1232 E. Main St. Carbondale, IL 62901	Monday-Friday: 9:00am-8:00 Saturday: 9:00am-8:00pm Sunday: 9:00am-6:00pm
Dollar Tree 1354 E. Main St. Carbondale, IL 62901	(618)549-6375 Monday-Saturday: 9:00am-10:00pm Sunday: 10:00am-9:00pm
Kroger 501 N. Giant City Rd. Carbondale, IL 62901	(618)457-5313 Open Daily 24 Hours
Save-A-Lot 301 E. Walnut St. Carbondale, IL 62901	(618)529-8701 Open Daily 9:00am-9:00pm
Schnuck's 915 W. Main St. Carbondale, IL 62901	(618)351-0463 Open Daily 24 Hours
Neighborhood Co-op 1815 W. Main St. Carbondale, IL 62901	(618)529-3533 Monday-Friday & Sunday: 9:00am-9:00pm Saturday: 8:00am-9:00pm
Wal-Mart Supercenter 1450 E. Main St. Carbondale, IL 62901	(618)457-2033 Open Daily 24 Hours

SPORTS, FITNESS, AND DANCE

Arabesque Dance Studio

101 N. Division
Carterville IL, 62918
(618) 985-8715

Curves for Women

116 E. Monroe St.
Herrin, IL 62948
(618) 988-8222

Curves for Women

17th & Walnut
Murphysboro, IL
(618) 565-1600

Golds Gym

712 E. Walnut St.
Carbondale, IL 62901
(618) 457-0318

Golds Gym

2500 Williamson CNTY Parkway
Marion, IL 62959
(618) 998-1755

Murphysboro Moo Sul Kwan

220 N. 11th St.
Murphysboro, IL 62966
(618) 684-5611

Herrin Jr. Ball League

1109 N. 7th St.
Herrin, IL 62948
(618) 988-1526

Midwest Tae Kwon Do Academy

306 W. Main St.
Herrin, IL 62948
(618) 997-6993

Great Shapes

2121 S. Illinois Ave.
Carbondale, IL 62901
(618) 529-4404

One On One Yoga

101 S. Graham Ave.
Carbondale, IL 62901
(618) 457-8186

Sherry's School of Dance

100 S. 13th St.
Herrin IL, 62948
(618) 942-6381

Snow Power Unlimited

1707 S. Park Ave.
Herrin, IL 62948
(618) 942-7697

Extreme Kids & Sports

1109 N. Railroad St.
Marion, IL 62959
(618) 997-3505

Ultimate Gymnastics

200 N. Springer St.
Carbondale, IL 62901
(618) 351-6296

Willow Street Studio

205 W. Willow
Carbondale, IL 62901
(618) 549-9546

World of Fitness

1207 Weaver Rd.
Herrin, IL 62948
(618) 988-8878

TEXTBOOK RESOURCES

Need to buy, rent, or swap textbooks?

Do you want to save money on textbooks?

Here are some great tips that might help...

*Textbooks are listed for each course through SalukiNet. Once you know what textbooks you need, you have several options.

1. **University Bookstore:** The bookstore is conveniently located in the SIU Student Center and offers textbook purchase or rental.
2. **SIU Textbook Exchange:** Log on to Facebook and join SIU's textbook exchange group (<https://www.facebook.com/groups/281071131978613/>) to find deals, sell, buy, or trade.
3. **Morris Library:** Some instructors place course materials 'on reserve' at the library. You can find out if your instructor has done so by visiting lib.siu.edu, then click on **Course Reserves for Students**. Although these items cannot be checked out, they can be utilized while in the library.
4. **Online and Other Resources:** Many options are available from online vendors or individuals at reduced prices. Sites that students have recommended include: slugbooks.com, chegg.com, amazon.com, valorebooks.com, cheaptextbooks.com, and compare prices through Google Shopping.

CAMPUS MINISTRIES

American Baptist Campus Ministry
516 S. Hayes Street
618.444.3412
John Pitchford, Campus Minister

Canterbury Club at St. Andrew's Episcopal
Church (Angelic Community)
402 W. Mill Street
618.529.4316
Rev. Dale Coleman

Carbondale Church of Christ
1805 W. Sycamore Street
618.457.5105
Adam Jones, Minister

Chabad Jewish Center at SIU
1306 W. Chatauquah
618.305.3280
Rabbi Mendel Scheiman

Christians Unlimited & Christian Campus
Ministry
618.529.7300
Don J. Wooters, Ph.D., Director

Epiphany Lutheran Church (ELCA)
1501 W. Chatauquah
618.457.2065
Rev. Brian Coffey, Pastor

Gaia House Interfaith Center
913 S. Illinois Avenue
618.453.7387

Grace Presbyterian Church
624 N. Oakland Avenue
618.529.1616
J. Wyatt George, Pastor

InterVarsity Christian Fellowship
618.593.6386

Lutheran Student Fellowship (LCMS)
700 S. University
618.549.1694
Rev. Jay Holden, Pastor
Rev. Peter Weeks, Asst. Pastor

Newman Catholic Student Center
715 S. Washington Street
618.529.3311
Tim Taylor, Director

Wesley Foundation (United Methodist
Student Center
816 S. Illinois Avenue
618.457.8165
Sherry Smedshammer, Director

Frequently Used Numbers
